

Raised Toilet Seat – Clamp on

These instructions are guidelines only. Use only as instructed by your healthcare provider.

What is a raised toilet seat used for?

A raised toilet seat is used to raise the height of a toilet to a comfortable level for a client, making it easier to sit down and get up. Raised toilet seats come in different models, heights and designs. Some have adjustable clamps on either side of the bowl, others a clamp on the front of the seat, some have armrests, while other models do not. There are specific models that require tools for installation, for example the Aquatec 900 and 90000 which have separate instruction sheets.



Figure 1

How Do I Install a Raised Toilet Seat?

Raised toilet seat with side clamps (Figure 1 & 2)

- **Step 1***: Depending on the size of the toilet you will need to lift the existing toilet seat and lid **or** remove seat and lid by unscrewing the two bolts and nuts.
- **Step 2**: Turn both clamps of the raised toilet seat counter clockwise until they can no longer turn.
- **Step 3**: Ensuring the toilet bowl is clean and dry, place the raised toilet seat on the toilet bowl, positioning it so that it is centered, seated securely on the bowl and the lip on the front of the raised toilet seat is outside the bowl and facing frontwards as indicated in Figure 1.
- **Step 4**: Once the raised toilet seat is positioned correctly turn both locking clamps clockwise until hand tight, as indicated by the red circle in Figure 2. Note; Hand tighten only, or the threads may strip.
- **Step 5**: Routinely check that the seat is securely fitted before use. **Figure 2**



Raised toilet seat with front clamps (Figure 3 & 4)

(raised toilet seat may be with or without arms)

- **Step 1**: As per **Step 1*** above
- **Step 2**: Turn the adjustment knob counter clockwise to loosen the adjustment bracket. This will allow the raised toilet seat to be fitted onto the bowl.
- **Step 3**: Center the raised toilet seat onto the clean, dry bowl ensuring the rear flange fits under the bowl rim. Check that the unit sits flat on the bowl rim and the adjustment knob is at the front of the bowl as indicated in Figures 3 & 4.



Figure 3



- **Step 4:** With the raised toilet seat centered on the bowl rim, push it back as far as you can with your hands (this ensures the flange is firmly seated under the bowl rim).
- **Step 5:** Turn the adjustment knob clockwise to tighten until resistance is felt, then turn an additional 1/8 inch to secure firmly. Note; Hand tighten only.

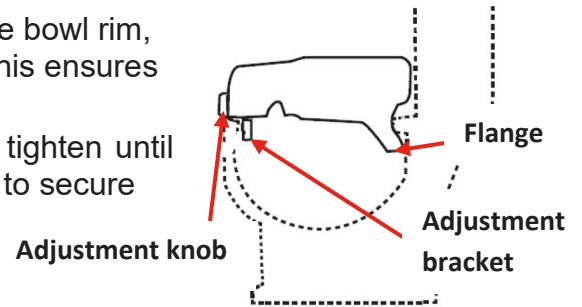


Figure 4

! WARNING: Always ensure that the seat is stable and securely fastened in place before using.

- Back up to the raised toilet seat until you feel the back of your legs touching it.
- If present, reach back for the armrests and using them for support only **NOT** your full body weight, applying **equal pressure** on both sides lower yourself slowly onto the seat.
- To get up push up on the armrests or seat applying **equal pressure**, making sure you have your balance before releasing.

! WARNING: Ensure locking clamps are firmly secured to outside of the toilet bowl before use.

! WARNING: If the raised toilet seat feels unstable or can be moved by hand do not use until properly secured.

! WARNING: The user should always keep their weight centrally over the toilet seat. Leaning excessively to either side could cause instability and injury. If recommended by your health care professional the user should be supervised or assisted when using this product.

How Do I Care for the Raised Toilet Seat?

- The raised toilet seat can be cleaned with detergent and warm water, rinsed and then wiped dry.
- Do not use bleach, abrasive powders, scouring pads or solvents.
- If the toilet seat has armrests frequently check that the foam hand grips are secure and do not rotate.
- For raised toilet seats with a front adjustment knob, check regularly for cracks around the adjustor mechanism.

Please ensure that equipment returned to the Red Cross is clean and in good condition.

