



HELP Locations – Kootenays

These volunteer-operated sites are normally open at the posted hours except on statutory holidays and long weekends.

Location	Contact	Hours of Operation
Castlegar Canadian Red Cross 1250A 26 th Street Castlegar, BC V1N 4C9 Map & driving directions	T: 250-365-3911 F: 250-365-6242	Mon-Thurs 11:00 am – 2:00 pm
Cranbrook Canadian Red Cross Baker Street Mall #340-1311 2nd Street North Cranbrook, BC V1C 3L1 Map & driving directions	T: 250-426-5105 F: 250-426-5116	Tues, Thurs & Fri 11:30 am – 3:30 pm
Creston Canadian Red Cross 312-15th Ave. N. Creston, BC V0B 1G0 Map & driving directions	T: 250-428-9619 F: 250-428-3601	Mon, Wed, Fri 3:00 pm – 5:00 pm

<p>Elkford Elkford Health Centre 212 Alpine Ave. Elkford, BC V0B 1H0 Map & driving directions</p>	<p>T: 250-865-2247 F: 250-865-2797</p>	<p>Mon – Fri: 9:00 am - 4:00 pm</p>
<p>Fernie Elk Valley Hospital 1501 5th Ave. Fernie, BC V0B 1M0 Map & driving directions</p>	<p>T: 250.423.4453 ext 324 F: 250.423.3732</p>	<p>Mon, Wed, Fri 10:00 am – 12:00 pm</p>
<p>Grand Forks Boundary Hospital 7642 - 22nd Street Grand Forks, BC V0H 1H0 Map & driving directions</p>	<p>T: 250-442-2608 F: 250-442-6207</p>	<p>Mon, Wed 11:00 am – 1:00 pm</p>
<p>Invermere/Windermere District Invermere Hospital 1030 10th St. Invermere, BC V0A 1K0 Map & driving directions</p>	<p>T: 250-608-0742 F: 250-342-6303</p>	<p>ON CALL</p>
<p>Kaslo 409 Cross St. Kaslo, BC V0G 1M0 Map & driving directions</p>	<p>T: 250-353-2844</p>	<p>ON CALL</p>
<p>Nelson West Arm Plaza 614 Front Street Nelson, BC V1L 4B7</p>	<p>T: 250-354-4456 F: 250-354-3152</p>	<p>Mon, Tues, Thurs, Fri 10:00 am – 1:00 pm</p>

<p>Map & driving directions</p> <p>Revelstoke #20-1123 2nd Street West Revelstoke, BC V0E 2S0 Map & driving directions</p> <p>Trail Canadian Red Cross #104 – 1199 Bay Ave. Trail, BC V1R 4N7 Map & driving directions</p>	<p>T: 250-814-0200 F: 250-814-0201</p> <p>T: 250-368-9129 F: 250-368-9122</p>	<p>Wed, Fri 10:00 am – 2:00 pm</p> <p>Mon, Tues, Wed 10:30 am – 3:00 pm</p>
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